

View Menus Online



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May 2026

MECH CAFE

Elementary

Every Day Breakfast Choices offered

Bagels w/cream cheese
Assorted Cereal
Assorted Muffins w/ NYS Yogurt
All choices served with assorted fruit, juice & NYS milk

Daily Lunch Alternates

Protein Pack
Peanut Butter & Jelly
Assorted Deli Sandwiches
All Choices served with assorted fruit & NYS Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4 Breakfast Pastry

Chicken Nuggets
Crinkle Cut Fries
Peas & Carrots

5 Fruit & Yogurt Parfait

Walking Taco
Mexican Fiesta Rice
Tropical Fruit Smoothie

6 Breakfast on a Stick

Baked Ziti & Meatballs
Garlic Bread
Roasted Broccoli

7 Breakfast Sandwich

Chicken & Waffles
Emoji Fries
Juice Cup

8 Fresh Donuts

French Bread Pizza
Assorted Veggies
Applesauce

11 Choc Chip Belgian Waffle

Cheeseburger
Sweet Potato Crinkle Fries
Fruit Salad

12 Egg and Cheese Wrap

Cheesy Breadsticks w/
Marinara
Roasted broccoli

13 Egg & Cheese Stuffed Bagel

Tortellini Alfredo w/
Chicken
Garlic Breadstick
Green Beans

14 Bacon Egg Bites

Monte Cristo Sandwich
w/ Strawberry Dip
Coleslaw
Fruit Cup

15 Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

18 Breakfast Pastry

Crispy Chicken Patty
Emoji Fries
Fresh Veggies

19 Fruit & Yogurt Parfait

Loaded Soft Tacos
Rainbow Pepper Sticks
Oranges

20 Egg & Cheese Stuffed Bagel

Mini Corn Dog Bites
Crispy Sweet Potato Fries
Roasted Asparagus

21 Breakfast Sandwich

Cherry Blossom Chicken
Vegetable Fried Rice
Steamed Broccoli
Fortune Cookie

NO SCHOOL

25

MEMORIAL DAY

26

NO SCHOOL

27 Breakfast on a Stick

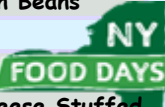
Macaroni & Cheese
Yogurt & Granola
Green Beans

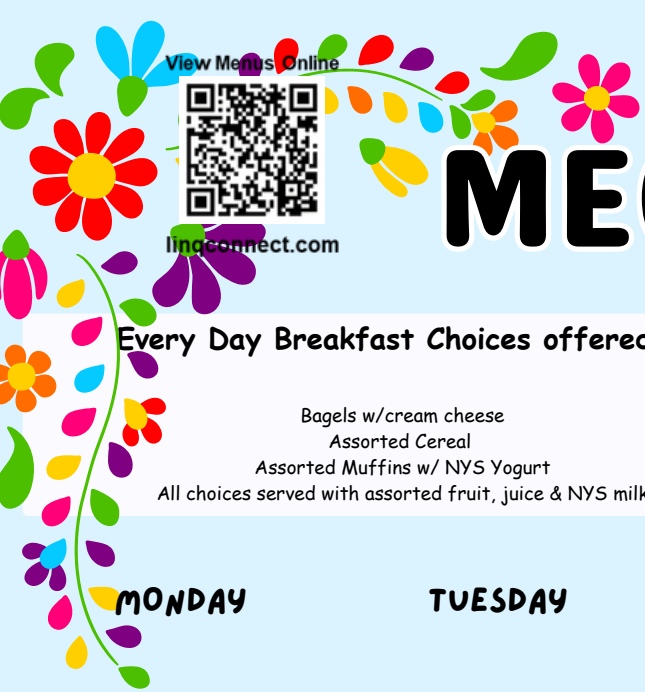
28 Bacon Egg Bites

Sloppy Joe
Baked Beans
Corn

29 Fresh Donuts

Pizza Bagel
Assorted Veggies
Pudding Parfait





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May 2026

MECH CAFE

JR/SR

Every Day Breakfast Choices offered

Bagels w/cream cheese
 Assorted Cereal
 Assorted Muffins w/ NYS Yogurt
 All choices served with assorted fruit, juice & NYS milk

Daily Lunch Alternates

Protein Pack
 Peanut Butter & Jelly
 Assorted Deli Sandwiches and Salads
 Slice of Pizza
 Crispy Chicken Sandwich
 All Choices served with assorted fruit & NYS Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4
Breakfast Pastry
 Bistro Burger
 NYS Onion Rings
 Coleslaw

5
Fruit & Yogurt Parfait
 Walking Taco
 Mexican Street Corn
 Tajin Fruit Salad

6
Breakfast on a Stick
 Chicken & Waffles
 Hash Brown
 Juice Cup

7
Breakfast Sandwich
 Buffalo Mac & Cheese
 Garlic Bread
 Roasted Broccoli

1
Fresh Donuts
 Pizzaboli w/ Caesar
 Salad & Fresh Fruit

11
Breakfast Pastry
 Chicken Tenders
 Curly Fries
 Tomato Cucumber
 Salad

12
Fruit & Yogurt Parfait
 Alaskan Pollock Po Boy
 Potato Wedges
 Assorted Veggies

13
Bacon Egg Bites
 General Tso's Chicken
 Oven Fried Rice
 Green Beans
 Egg Roll

16
Breakfast Sandwich
 Chicken Tinga Tacos
 Mexican Street Corn
 Mango Peach Applesauce

15
Fresh Donuts
 Cheese or Pepperoni
 Pizza w/ Caesar
 Salad

18
Breakfast Pastry
 BBQ Turkey Meatloaf
 Ranch Mashed Potatoes
 Corn

19
Fruit & Yogurt Parfait
 Beef Gyro Bowl
 Greek Garbanzo Bean
 Salad

20
Breakfast on a Stick
 Cheesy Lasagna
 Warm Garlic Knot
 Roasted Asparagus

21
Breakfast Sandwich
 Chicken Burrito
 Corn & Black Beans
 Watermelon

22
NO SCHOOL



26
NO SCHOOL

27
**Egg & Cheese Stuffed
 Bagel**
 Pulled Pork Sandwich
 Sweet Potato Fries
 Strawberries

28
Breakfast Sandwich
 Teriyaki Street Noodles
 w/ Chicken
 Ginger Edamame Salad
 Cocoa Cherry Bar

29
**Cheese or Pepperoni
 Pizza w/ Caesar
 Salad**



This institution is an equal opportunity employer

