



APRIL 2026

MECH CAFE

Elementary

Every Day Breakfast Choices offered

- Bagels w/cream cheese
- Assorted Cereal
- Assorted Muffins w/ NYS Yogurt
- All choices served with assorted fruit, juice & NYS milk

Daily Lunch Alternates

- Protein Pack
- Peanut Butter & Jelly
- Assorted Deli Sandwiches
- All Choices served with assorted fruit & NYS Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

1

Breakfast on a Stick

- Grilled Cheese
- Tomato Soup
- String Cheese
- Cucumber Coins

2

Breakfast Sandwich

- Potato & Cheddar
- Pierogies w/ Kielbasa
- Steamed broccoli

3

6

7

SPRING

BREAK

NY
FOOD DAYS

Choc Chip Belgian Waffle

- Cheeseburger
- French Fries
- Peaches

14

Egg and Cheese Wrap

- Chicken & Cheese Quesadilla
- Cheesy Bean Dip
- Corn

15

Egg & Cheese Stuffed Bagel

- NYS Hot Dog
- Emoji Fries
- Dill Pickle
- Watermelon

16

Bacon Egg Bites

- Mac & Cheese
- Yogurt & Granola
- Zucchini

17

Fresh Donuts

- French Bread Pizza
- Assorted Veggies
- Applesauce

20

Breakfast Pastry

- Crispy Chicken Patty
- Emoji Fries
- Cocoa Cherry BAR

21

Fruit & Yogurt Parfait

- Rotini w/ Meat Sauce
- Garlic Breadstick
- Green Beans

22

Breakfast on a Stick

- Kickin Tenders
- Pesto Parmesan Rotini
- Corn

23

Breakfast Sandwich

- Chicken & Gravy w/ Mashed Potatoes
- Broccoli
- Dinner Roll

24

Fresh Baked Cinnamon Roll

- Cheese or Pepperoni Pizza w/ Garden Salad

27

Breakfast Pastry

- Cheeseburger
- Sweet Potato Fries
- Cucumber Coins

28

Fruit & Yogurt Parfait

- Turkey Sloppy Joe
- Waffle Fries
- Baby Carrots
- Choc Chip Cookie

29

Breakfast on a Stick

- Chicken Tortellini
- Alfredo
- Garlic Bread
- Roasted Broccoli

30

Fresh Donuts

- French Toast Sticks
- Turkey Sausage
- Potato Wedges



APRIL 2026

MECH CAFE

JR/SR

Every Day Breakfast Choices offered

- Bagels w/cream cheese
 - Assorted Cereal
 - Assorted Muffins w/ NYS Yogurt
- All choices served with assorted fruit, juice & NYS milk

Daily Lunch Alternates

- Protein Pack
 - Peanut Butter & Jelly
 - Assorted Deli Sandwiches and Salads
 - Slice of Pizza
 - Crispy Chicken Sandwich
- All Choices served with assorted fruit & NYS Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- 1 Egg & Cheese Stuffed Bagel
- Buffalo Chicken Dip w/ Chips
Carrots & Celery

- 2 Breakfast Sandwich
- Cheese or Pepperoni Pizza w/ Garden Salad

3

6

7

8

9

10

SPRING BREAK



Breakfast Pastry

- Popcorn Chicken Bowl
- Corn & Dinner Roll
- Warm Cinnamon Pears

- 14 Fruit & Yogurt Parfait
- Bistro Burger
NY Breaded Onion Rings
3 Bean Salad

- 15 Bacon Egg Bites
- NYS Double Dog
Sweet Potato Fries
Watermelon Chunks

- 16 Breakfast Sandwich
- Pulled Pork Poutine
Roasted Broccoli
Choc Chip Cookie

- 17 Fresh Donuts
- Cheese or Pepperoni Pizza w/ Caesar Salad

Breakfast Pastry

- Chicken Tenders
- Pesto Parmesan Pasta Salad
- Curley Fries

- 21 Fruit & Yogurt Parfait
- Crispy Fish Tacos
Cilantro Brown Rice
Calabacitas Con Cotija
Churro

- 22 Breakfast on a Stick
- Spicy Rebellious Patty
Kettle Cooked Chips
Coleslaw

- 23 Breakfast Sandwich
- Rotini w/ Meat Sauce
Garlic Texas Toast
Sauteed Zucchini

- 24 Cinnamon Roll
- French Bread Pizza w/ Caesar Salad

Snack'n Waffle

- Cheesy Breadsticks
- Cauliflower Bites
- Slushie

- 28 Fruit & Yogurt Parfait
- Loaded Nachos
Cowboy Caviar
Peach Mango Applesauce

- 29 Egg & Cheese Stuffed Bagel
- Baked Potato Bar
Garlic Knot
Roasted Broccoli

- 30 Breakfast Sandwich
- Chicken Teriyaki
Oven Fried Rice
Egg Roll
Green Beans