



# FEBRUARY 2026

# MECH CAFE

Elementary

## Every Day Breakfast Choices offered

Bagels w/cream cheese  
Assorted Cereal  
Assorted Muffins w/ NYS Yogurt  
All choices served with assorted fruit, juice & NYS milk

## Daily Lunch Alternates

Protein Pack  
Peanut Butter & Jelly  
Assorted Deli Sandwiches  
All Choices served with assorted fruit & NYS Milk

### MONDAY

2 Choc Chip Belgian Waffle  
Crispy Chicken Patty  
Sweet Potato Fries  
Corn  
Applesauce

### TUESDAY

3 Egg and Cheese Wrap  
Potato & Cheddar  
Pierogies w/ Kielbasa  
Peas & Carrots

### WEDNESDAY

4 Egg & Cheese Stuffed Bagel  
Teriyaki Chicken  
Vegetable Fried Rice  
Steamed Broccoli

### THURSDAY

5 Bacon Egg Bites  
Rotini w/ Meaty Marinara  
Garlic Breadstick  
Seasoned Green Beans

### FRIDAY

6 Fresh Baked Cinnamon Roll  
Cheese Pizza  
Assorted Veggies  
Cinnamon Applesauce

9 Breakfast Pastry  
Mozzarella Sticks w/Marinara Cup  
Garlic Pasta  
Honey Carrot Coins

10 Egg and Cheese Wrap  
Tortellini Alfredo w/ Chicken  
Garlic Bread  
Roasted Broccoli

11 Breakfast on a Stick  
Grilled Cheese w/ Tomato Soup  
Roasted Sweet Potatoes

12 Breakfast Sandwich  
Meatball Sub  
Cheesy Garlic Mashed Potatoes  
Rice Crispy Treat

13 Fresh Donuts  
Personal Pizza  
Garden Salad  
Blue Raspberry Applesauce

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23 Breakfast Pastry  
Mozzarella Pizza Crunchers  
Garlicky Green Beans  
Cocoa Cherry Brownie

24 Egg and Cheese Wrap  
Chicken & Cheese Quesadilla  
Cheesy Bean Dip  
Fresh Fruit

25 Breakfast on a Stick  
Cheeseburger Baked Beans  
Roasted Potato Wedges  
NYS Apple Juice

26 Breakfast Sandwich  
Chicken Ramen Bowl  
Roasted Broccoli  
Fruit Salad  
Fortune Cookie

27 Fresh Donuts  
Cheese or Pepperoni Pizza w/ Garden Salad





FEBRUARY 2026

# MECH CAFE

JR/SR

## Every Day Breakfast Choices offered

Bagels w/cream cheese

Assorted Cereal

Assorted Muffins w/ NYS Yogurt

All choices served with assorted fruit, juice &amp; NYS milk

## Daily Lunch Alternates

Protein Pack

Peanut Butter &amp; Jelly

Assorted Deli Sandwiches and Salads

Slice of Pizza

Crispy Chicken Sandwich

All Choices served with assorted fruit &amp; NYS Milk

### MONDAY

2 Choc Chip Belgian  
Waffle

Rotini with Meat Sauce  
Garlic Breadstick  
Green Beans

### TUESDAY

3 Bacon & Egg Bites

Ultimate Nachos  
Mexican Street Corn  
Mango Peach Applesauce

### WEDNESDAY

4 Egg & Cheese Stuffed  
Bagel

Chicken Shawarma  
Fresh Baked Pita  
Marinated ChickPea

### THURSDAY

5 Breakfast Sandwich

Turkey Jack Panini  
Southwest Soup  
Fruit Salad

### FRIDAY

6 Fresh Baked  
Cinnamon Roll

Cheese or Pepperoni  
Pizza w/ Caesar  
Salad

9 Breakfast Pastry

Bistro Burger  
NYS Onion Rings  
Coleslaw

10 Breakfast Platter

Beef & Broccoli  
Steamed Rice  
Cocoa Cherry Bar

11 Breakfast on a Stick

Chicken & Waffles  
Sweet Potato Hash  
NYS Apple Juice

12 Breakfast Sandwich

BBQ Chicken  
Mac & Cheese  
Honey Carrots

13 Fresh Donuts

Cheese or Pepperoni  
Pizza w/ Caesar  
Salad

16



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23 Breakfast Pastry

Meatball Sub  
Curly Fries  
Assorted Veggies

24 Breakfast Platter

Grilled Cheese  
Tomato Soup  
Goldfish Crackers  
Oranges

25 Breakfast on a Stick

Buffalo Chicken Dip  
w/ Chips  
Carrots & Celery

26 Breakfast Sandwich

General Tso's  
Fried Rice  
Egg roll  
Fortune Cookie

27 Fresh Donuts

Cheese or Pepperoni  
Pizza w/ Garden  
Salad

How are we doing?  
Complete a short survey

