



JANUARY 2026

MECH CAFE

Elementary

Every Day Breakfast Choices offered

- Bagels w/ cream cheese
- Assorted Cereal
- Assorted Muffins w/ NYS Yogurt
- All choices served with assorted fruit, juice & NYS milk

Daily Lunch Alternates

- Protein Pack
- Peanut Butter & Jelly
- Assorted Deli Sandwiches
- All Choices served with assorted fruit & NYS Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Happy New Year

2026

5
Breakfast Pastry

Cheeseburger
Fries
Peas & Carrots
Cocoa Cherry Bar

6
Egg and Cheese Wrap

Beef Chili
Garlic Breadstick
Broccoli

7
Breakfast on a Stick

Hot Turkey Sandwich
Mashed Potatoes
Corn

8
Breakfast Sandwich

Bean & Cheese Nachos
Mango Peach Applesauce
Assorted Veggies

9
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

12
Choc Chip Belgian
Waffle

Cheesy Breadsticks w/
marinara
Roasted Broccoli

13
Egg and Cheese Wrap

BBQ Turkey Meatloaf
Crinkle Cut Fries
Tomato & Cucumber
Salad

14
Egg & Cheese Stuffed
Bagel
French Toast Sticks
NYS Yogurt
Home fries
Winter Berry Salad

15
Bacon Egg Bites

Homestyle Chicken
Alfredo
Green Beans
Garlic Breas

16
Fresh Baked
Cinnamon Roll

Personal Pizza
Garden Salad
Applesauce

19
MLK Day
NO SCHOOL

20
Egg and Cheese Wrap

Toasted Cheese
Tomato Soup
NYS String Cheese

21
Breakfast on a Stick

Rotini w/ Meat Sauce
Peas
Garlic Knot

22
Breakfast Sandwich

Cherry Blossom Chicken
Vegetable Fried Rice
Steamed Broccoli
Fortune Cookie

23
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

26
Choc Chip Belgian
Waffle

Mozzarella Pizza
Crunchers
Carrots
Scooby Doo Grahams

27
Egg and Cheese Wrap

Loaded Nachos
Cowboy Caviar
Fresh Fruit

28
Egg & Cheese Stuffed
Bagel

Hot Dog on a Bun
Sweet Potato Fries
Warm Cinnamon Pears

29
Bacon Egg Bites

Macaroni and Cheese
Yogurt Cup
Green Beans

30
Fresh Baked
Cinnamon Roll

French Bread Pizza
Garden Salad
Frozen Juice Cup



JANUARY 2026

MECH CAFE

JR/SR

Every Day Breakfast Choices offered

Bagels w/cream cheese

Assorted Cereal

Assorted Muffins w/ NYS Yogurt

All choices served with assorted fruit, juice & NYS milk

Daily Lunch Alternates

Protein Pack

Peanut Butter & Jelly

Assorted Deli Sandwiches and Salads

Slice of Pizza

Crispy Chicken Sandwich

All Choices served with assorted fruit & NYS Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

happy new year

2026

5
Breakfast Pastry

Rotini with Meat Sauce
Breadstick
Garlicy Green Beans
Warm Cinnamon Apples

6
Egg & Cheese Wrap

Ultimate Nachos
Bean Dip
Mango Peach Applesauce

7
Breakfast on a Stick

Beef Gyro on Pita
French Fries
Greek Garbanzo Salad

8
Breakfast Sandwich

Baked Potato Bar
Garlic Knot
Roasted Broccoli

9
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Caesar
Salad

12 Choc Chip Belgian
Waffle

Bistro Burger
NY Breaded Onion Rings
Coleslaw

13 Egg and Cheese Wrap

Cheesy Breadsticks w/
marinara
Tater Tots
Veggie Medley

14 Egg & Cheese Stuffed
Bagel

Sausage & Egg Bake
Pastrami Hash
Yogurt & Juice

15 Bacon Egg Bites

Potato & Cheddar
Pierogies w/ Kielbasa
Steamed Broccoli

16 Fresh Baked
Cinnamon Roll

French Bread Pizza
Garden Salad

19
MLK Day
No School

20
Egg and Cheese Wrap

Chicken Tenders
Pesto Parm Pasta
Fruit Salad

21
Breakfast on a Stick

Chicken Burrito
Tex Mex Beans
Chips and Salsa

22
Breakfast Sandwich

Teriyaki Chicken
Oven Fried Rice
Veggie Egg Roll

23
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

26 Choc Chip Belgian
Waffle

BBQ Turkey Meatloaf
Chipotle Mashed Potato
Honey Glazed Carrots

27 Egg and Cheese Wrap

Tortellini Alfredo w/
Meatballs
Roasted Broccoli
Choc Chip Cookie

28 Egg & Cheese Stuffed
Bagel

Cheesy Chicken
Quesadilla
Black Bean Salad
Mango Peach Applesauce

29 Bacon Egg Bites

BBQ Pork Rice Bowl
Pineapple Corn Rice
Tajin Fruit Salad

30 Fresh Baked
Cinnamon Roll

Cheese or Pepperoni
Pizza w/ Garden
Salad