



JUNE 2025

MECH CAFE

JR/SR
Menu

EVERY DAY BREAKFAST CHOICES OFFERED

Bagels w/cream cheese

Assorted Cereal

Assorted Muffins w/NYS Yogurt

All choices served with assorted fruit, juice & NYS milk

MONDAY

2
Snack'n Waffle

Chicken Tenders
French Fries
Assorted Veggies

TUESDAY

3
Overnight Oats

Turkey Tacos w/
Black Bean & Corn Salsa
Topping Station

WEDNESDAY

4
Egg & Cheese Wrap

Buffalo Chicken Dip
Carrots & Celery
Strawberry Shortcake

THURSDAY

5
Bacon Egg Bites

Macaroni and Cheese
Garlic Breadstick
Roasted Broccoli

FRIDAY

6
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

9
Breakfast Pastry

Bistro Burger
NYS Onion Rings
Coleslaw

10
Fruit & Yogurt Parfait

Wing Platter
Garlic Knot
Strawberry Spinach Salad

11
Breakfast on a Stick

Double Dog
Baked Beans
Corn on the Cob
Watermelon

12
Breakfast Burrito

Rotini w/meat sauce
Texas Toast
Green Beans
Cinnamon Pears

13
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Caesar
Salad

16
Snack'n Waffle

Cheesy Breadsticks
w/marinara
Roasted Zucchini
Fresh Fruit

17
Overnight Oats

Chef's Choice

18
Egg & Cheese Wrap

Chef's Choice

19
No School
Juneteenth

20
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

23
Snack'n Waffle

Alternate Menu
Available

24
Breakfast on a Stick

Alternate Menu
Available

25
Yogurt Parfait

Alternate Menu
Available

26
Breakfast Sandwich

Alternate Menu
Available

HELLO
SUMMER

Every Day Lunch Alternatives

Protein Pack
Peanut Butter & Jelly
Assorted Deli Sandwiches and Salads
Chicken Sandwiches
Pizza Slice
Warm Pretzel w/ Cheese

*All meals are served
with fresh fruit,
vegetable of the day
and NYS milk



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JUNE 2025

Elementary

MECH CAFE

EVERY DAY BREAKFAST CHOICES OFFERED

Bagels w/cream cheese

Assorted Cereal

Assorted Muffins w/NYS Yogurt

All choices served with assorted fruit, juice & NYS milk

MONDAY

2
Snack n Waffle

Cheesy Breadsticks
Seasoned Green Beans
Fresh Veggie Cup
Treat

TUESDAY

3
Overnight Oats

Soft Tacos
Corn & Black Bean
Salsa
Apple Slices

WEDNESDAY

4
Egg & Cheese Wrap

French Toast Sticks
Turkey Sausage
Home Fries
Orange Juice

THURSDAY

5
Bacon Egg Bites

Macaroni & Cheese
w/ dinner roll
Broccoli Bites
Cinnamon Apples

FRIDAY

6
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

9
Breakfast Pastry

Chicken Nuggets
Dinner Roll
Mashed Potato
Corn

10
Fruit & Yogurt Parfait

Mozzarella Sticks
French Fries
Zucchini

11
Breakfast on a Stick

Hot Dog
Baked Chips
Coleslaw
Watermelon

12
Breakfast Burrito

Orange Chicken
Fried Rice
Steamed Broccoli
Grape Tomato

13
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Caesar
Salad

16
Snack'n Waffle

Pizza Crunchers
Steamed Broccoli
Fresh Fruit
Treat

17
Overnight Oats

Mini Corn Dogs
Rainbow Peppers
Warm Cinnamon Pears

18
Egg & Cheese Wrap

Chicken Sandwich
Sweet Potato Fries
Strawberries

19
No School
Juneteenth

20
Fresh Donuts

Cheese or Pepperoni
Pizza w/ Garden
Salad

23
Snack'n Waffle

Grilled Cheese
Yogurt w/granola
Cucumber Slices

24
Breakfast on a Stick

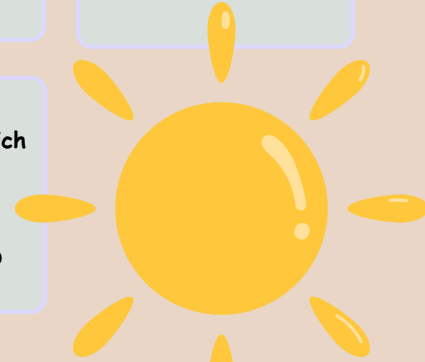
Chicken Nuggets
Emoji Fries
Salad

25
Yogurt Parfait

Rotini w/ Meat Sauce
Garlic Breadstick
Green Beans

26
Breakfast Sandwich

Cheeseburger
Baked Chips
Fresh Veggie Cup



HELLO
SUMMER

Every Day Lunch Alternatives

Protein Pack
Peanut Butter & Jelly
Assorted Deli Sandwich
Chef Salad

*All meals are served
with fresh fruit,
vegetable of the day
and NYS milk

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