

# Mech Cafe

## Elementary

### BREAKFAST & LUNCH

# May 2024

#### MONDAY

**All breakfasts include fruit juice and milk**  
**All lunches include fruit and milk**

#### TUESDAY

Special Treats such as Cookies are included in the lunch meal.  
For students who bring a lunch, these treats are available to purchase a la carte.

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

**6** Bagel w/ cream cheese & jelly  
.....  
Chicken 'n Waffles  
Maple Glazed Carrots

**7** Poptart Cheese Stick  
.....  
Mini Meatballs- Sauce  
Texas Toast  
Broccoli

**8** Mini Waffles  
.....  
Cheeseburger  
Green Beans

**9** Cinni Mlni  
.....  
**Brunch For Lunch**  
French Toast Taquito  
Hash Brown

**10**  
**NO SCHOOL**

**13** Muffin with cheese stick  
.....  
Popcorn Chicken  
Smile Fries  
WG Muffin

**14** Mini Pancakes  
.....  
Tomato Soup  
Grilled Cheese  
Broccoli Salad

**15** Early Risers hashbrown-egg & cheese  
.....  
Hot Dog on a Bun  
Corn on the Cob

**16** Yogurt Pop Tart  
.....  
Mozz Sticks- Marinara  
Italian Bean Salad

**17** Raised & Glazed Donut  
.....  
Bosco's Cheesefilled Breadsticks  
Tossed Salad

**20** Cocoa Puff Cereal Bar  
.....  
Chicken Nuggets  
Pretzel Rod  
Cucumber Tomato Salad

**21** Mini Bagels  
.....  
Macho Nacho's  
Mexi Bean Salad

**22** Lemon - Blueberry Sunshine Parfait  
.....  
Turkey Sandwich  
Sweet Potato  
Waffle Fries

**23** Mini Maple Waffles  
.....  
French Bread Pizza  
Tossed Salad

**24**  
**NO SCHOOL**

**27** **NO SCHOOL**  
Memorial Day  


**28** Cold Cereal Pop Tart  
.....  
Cheeseburger on a bun  
Corn


**29** Muffins  
.....  
Brunch for Lunch  
**OR** Lasagna Rolls  
Green Beans

**30** Sunshine Parfait  
.....  
Chicken, Bacon, Ranch Wrap  
Crunchy Broccoli

**31** Sausage, Egg & Cheese on an English  
.....  
Bosco's Cheesefilled Breadsticks  
Tossed Salad

#### UPCOMING EVENTS

**The Countdown to Summer Vacation is ON!!**



Simply manage your student's account

Visit [Linqconnect2.com](http://Linqconnect2.com) !  
to Add funds, and stay up to date with your student's meal account balance.

#### Daily Alternate Entrees:

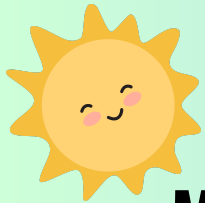
- Grab & Go Breakfast
- Freshly Made Deli Sandwiches/ Salads
- PB&J Meal Kit
- Protein Packs

**Deb Mackey, Food Service Director**  
(518) 652-2287  
[dmackey@mechanicville.org](mailto:dmackey@mechanicville.org)

#### STUDENT 2nd MEAL PRICING

**Breakfast: \$2.50**

**Lunch: \$3.50**



# Mech Cafe

## Jr-Sr High

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# May 2024

#### MONDAY

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#### WEDNESDAY

#### THURSDAY

#### FRIDAY

**All breakfasts include fruit juice and milk**  
**All lunches include fruit and milk**

**6** Bagel w/ cream cheese  
.....  
Chicken 'n Waffles  
Maple Glazed Carrots

**7** Scrambled Eggs Toast  
.....  
Oven Fried Chicken  
Mashed Potatoes  
Corn - Roll & Butter

**1** Pancake & Sausage on a stick  
.....  
Michigan Hot Dogs  
Smile Fries

**2** Sunshine Parfaits  
.....  
Chicken Alfredo  
Broccoli

**3** **SCHOOL LUNCH HERO DAY**  
Donut Holes  
.....  
Cheese or Pepperoni Pizza  
Tossed Salad

**13** Muffin with cheese stick  
.....  
Mozz Sticks- Marinara  
Zucchini & Tomato  
Medley

**14** Yogurt Pop Tart  
.....  
Chicken Fajitas  
Brown Rice  
Refried Beans

**15** Lemon Blueberry Sunshine Parfait  
.....  
Tomato Soup  
Grilled Cheese  
Broccoli

**16** Mini Pancakes  
.....  
Hot Dog on a Bun  
Corn on the Cob

**17** Raised & Glazed Donut  
.....  
Bosco's Cheesefilled  
Breadsticks  
Tossed Salad

**20** Chocolate Bread Slice  
.....  
Chicken Nuggets  
Pretzel Rod  
Cucumber Tomato  
Salad

**21** Cocoa Puff Cereal Bar  
.....  
Buffalo Chicken Dip -  
Tortilla Chips-Broccoli

**22** Mini Maple Waffles  
.....  
Turkey Sandwich **OR**  
Cuban Sandwich  
Sweet Potato Fries

**23** WG Bagel w/ Cream Cheese  
.....  
French Bread Pizza  
Tossed Salad

**24** **NO SCHOOL**

**27** **NO SCHOOL**  
Memorial Day  


**28** Cold Cereal Pop Tart  
.....  
Chicken Patty on a bun  
Corn


**29** Homemade Muffins  
.....  
Goulash  
Green Beans

**30** Sunshine Parfait  
.....  
Dipper Day!  
Nuggets, Mozz stix  
Pretzel & Broccoli

**31** Sausage, Egg & Cheese on an English  
.....  
Bosco's Cheesefilled  
Breadsticks  
Tossed Salad

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#### STUDENT 2nd MEAL PRICING

**Breakfast: \$2.75**

**Lunch: \$3.75**