

April 2024




Mech Cafe Elementary

BREAKFAST & LUNCH

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

1

SPRING BREAK



2

3



4 Please use this QR code to fill out the Household Income Form for the 23-24 school year. The information is needed for Title 1 funding and other grants that directly benefit our students

5



8 Raised & Glazed Donut

.....

BBQ Grilled Chicken on a Bun w/ Buttered Corn

9 Cinni Mini

.....

Beef & Cheese Nachos Mexi Bean Salad

10 Sunshine Parfaits
Banana Bread w/ berries

.....

Hamburger on a bun pickles
Crunchy Carrots w/Ranch

11 Apple Frudel

.....

Tomato Soup
Grilled Cheese
Broccoli Salad

12 Yogurt Pop Tart

.....

Cheese Pizza
Tossed Salad

15 Assorted Cold Cereal Poptart

.....

Chicken Tenders
Sweet Potato Fries
Biscuit

16 Blueberry Bread Slice

.....

Meatballs in sauce
Texas Toast
Roasted Broccoli

17 Snackin' Waffle

.....

Chicken & Cheese Crunch Wrap - sour cream, salsa
Bean Salad

18 Chunky Monkey Muffin
cheese stick

.....

Hot Dog on a bun
Corn on the Cob

19 WG Donut Holes

.....

French Bread Pizza
Caesar Salad

22 Blueberry Muffin
Every Kid Healthy Week

.....

Chicken Nuggets
Parm Crusted Cauliflower

Earth Day- WG Cookie

23 Assorted Cold Cereal Poptart

.....

Chili -Green Beans and corn bread

24 Mini Maple Waffles

.....

Ham and Cheese on a Pretzel Bun
Glazed Carrots

25 Bagel w/ Cream Cheese

.....

Pizza
Tossed Salad

26

NO SCHOOL Conference Day!

29 Assorted Cold Cereal Muffin

.....

Chicken Patty on a Bun w/ Buttered Corn

30 Confetti Pancake

.....

Cheeseburger on a bun
Baby Carrots w/ ranch



All breakfasts include fruit juice and milk
All lunches include fruit and milk

Special Treats such as Cookies are **included in the lunch meal.**
For students who bring a lunch, these treats are available to **purchase a la carte.**

UPCOMING EVENTS

Every Kid Healthy Week
April 22 - 26

Get caught eating your veggies contest!
Winning class gets an Ice Cream Social!



Simply manage your student's account

Visit **Linqconnect.com**
Add funds and stay up to date with your student's meal account balance.

Daily Alternate Entrees:

- Grab & Go Breakfast
- Freshly Made Deli
- Sandwiches/ Salads
- PB&J Meal Kit
- Protein Packs

Deb Mackey, Food Service Director
(518) 652-2287
dmackey@mechanicville.org

STUDENT MEAL PRICING

Breakfast: \$ 2.50

Lunch: \$ 3.50

April 2024



Mech Cafe

Jr - Sr High

BREAKFAST & LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 SPRING	3 BREAK 	4 Please use this QR code to fill out the Household Income Form for the 23-24 school year. The information is needed for Title 1 funding and other grants that directly benefit our students	5
8 WG Donut Holes Chicken Fajita Dirty Rice Refried Beans	9 Scrambled Eggs Ham Steak Toast Cheeseburger on a bun -pickles Crunchy Carrots w/Ranch	10 Sunshine Parfaits Tomato Soup Grilled Cheese Broccoli Salad	11 Homemade Muffin Fresh Fruit Smoothie Taco Bar Cold Corn Salad	12 Yogurt Pop Tart Cheese OR Mexican Pizza Tossed Salad
15 Blueberry Bread Slice Hot Dog on a bun Baked Beans	16 Avocado OR Cinnamon Toast Meatballs in sauce Texas Toast Roasted Broccoli	17 Snackin' Waffle Brunch For Lunch Sausage, Egg & Cheese Biscuit- NYS Grape Juice & Hash Brown	18 Chunky Monkey Muffin cheese stick Grilled Chicken Teriyaki on a Bun Sweet Potato Fries	19 Raised & Glazed Donut Pizza Variety Caesar Salad
22 Banana Bread Every Kid Healthy Week Chicken Nuggets Roasted Brussels Sprouts Earth Day- WG Cookie	23 French Toast plain OR coconut Ham and Cheese on a Pretzel Bun Glazed Carrots	24 Mini Maple Waffles General Tsos Chicken Rice & Broccoli Fortune Cookie	25 Bagel w/ Cream Cheese Chili w/Baked Potato and corn bread	26 NO SCHOOL Conference Day!
29 Assorted Cold Cereal Muffin Chicken Parm Sliders w/ Italian Bean Salad	30 Homemade Pancakes Cheeseburger on a bun Baby Carrots w/ ranch		All breakfasts include fruit juice and milk All lunches include fruit and milk	Special Treats such as Cookies are included in the lunch meal. For students who bring a lunch, these treats are available to purchase a la carte.

UPCOMING EVENTS

Instagram Follower Contest!

Follow us on Instagram @mcscd_food_service and be entered to WIN a \$50 Amazon gift card!

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Daily Alternate Entrees:

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STUDENT MEAL PRICING

Breakfast: \$ 2.75

Lunch: \$ 3.75

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