

April 2023



Mech Cafe Elementary

BREAKFAST & LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Ass't Cereal Muffin Chicken Patty on a Bun with Mexi Bean Salad	4 French Toast w/ syrup Roast Turkey Mashed & Gravy Corn & Roll w/ butter	5 Cinni Mini Happy Meal Hamburger Cold Carrot Salad	6 Apple Pie Burrito National Burrito Day Spaghetti & Meatballs Texas Toast Tossed Salad	7 NO SCHOOL Good Friday
10 SPR	11 ING	12 	13 BRE	14 AK
17 Cheese Omelet Toast Chicken Tenders Mashed Honey Butter Biscuit	18 Yogurt Pop Tart Cheese Quesadilla w/ sour cream and salsa Cucumber Tomato Salad	19 Muffin with cheese stick National Grilled Cheese Day Tomato Soup Grilled Cheese Carrot Sticks	20 Ass't Cereal Pop Tart National Peach Cobbler Day Hot Dog - Baked Beans Peach Blueberry Cobbler	21 Raised & Glazed Donut Earth Day French Bread Pizza Broccoli w/ Ranch Worms in Dirt
24 Yogurt & Muffin Every Kid Healthy Week Cheesy Chicken Tender Wrap Rainbow Salad	25 Banana Zucchini Muffin National Zucchini Bread Day Ham and Cheese Pin Wheels Broccoli Salad	26 Mini Maple Waffles National Pretzel Day Ham and Cheese on a Pretzel Bun Dilled Carrots	27 WG Bagel w/ Cream Cheese & Jelly Chicken Parm on a Bun Smiley Fries	28 Banana Bread Slice National Blueberry Pie Day Cheese Pizza Tossed Salad
30 Hard Boiled Egg Oatmeal Round National Oatmeal Cookie Day BBQ Chicken Boat Mixed Veggies	ATTENTION PARENTS! Instagram Follower Contest! Follow us on Instagram @mcscd_food_service and be entered to WIN a \$50 Amazon gift card!		All breakfasts include fruit juice and milk All lunches include fruit and milk	Special Treats such as Cookies are included in the lunch meal. For students who bring a lunch, these treats are available to purchase a la carte.

UPCOMING EVENTS

Every Kid Healthy Week
April 24-28

Get caught eating your veggies contest!
Winning class get an Ice Cream Social!



Simply manage your student's account

Visit **family.titank12.com** !
It's never too late to fill out an application and stay up to date with your student's meal account balance.

Daily Alternate Entrees:

Grab & Go Breakfast
Freshly Made Deli
Sandwiches/ Salads
PB&J Meal Kit
Protein Packs

Deb Mackey, Food Service Director
(518) 450-4085
dmackey@mechanicville.org

STUDENT MEAL PRICING

Breakfast: \$1.25

Lunch: \$2.50

This institution is an equal opportunity employer

April 2023



Mech Cafe

Jr-Sr High School

BREAKFAST & LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Raised & Glazed Donut Pulled Pork Nachos w/ cheese Mexi Bean Salad	4 Pancakes w/ syrup Sausage links Chicken Cordon Bleu Baked Potato Roasted Asparagus	5 Snackin' Waffles Hamburger French Fries	6 Breakfast Burrito w/ sour cream & salsa National Burrito Day Lasagna Roll Ups Tossed Salad Texas Toast	7 NO SCHOOL Good Friday
10 SPR	11 ING	12 	13 BRE	14 AK
17 Chocolate Chip Pancakes w/ syrup Chicken Tenders Sweet Potato Fries Garlic Knot	18 Cinnamon Bun Hot Turkey Sandwich Dilled Carrots	19 Fruit Smoothies Homemade Muffin National Grilled Cheese Day Tomato Soup Grilled Cheese Green Beans	20 French Toast Casserole National Peach Cobbler Day Double Dogs Baked Beans Peach Blueberry Cobbler	21 Yogurt w/ Strudel Earth Day Variety Pizza Broccoli
24 Ass't Bagels or cheese or jelly Goulash 3 Bean Salad	25 Avocado Toast w/ scrambled egg National Zucchini Bread Day Chicken Caesar Salad Zucchini Bread	26 Waffles National Pretzel Day French Dip Sandwiches Sweet Potato Fries	27 MECH Breakfast Special per Nick Noyes Chicken and Shrimp Hibatchi w/ Lo Mein, Vegetable Fried Rice, and Hibatchi vegetables	28 Yogurt w/ homemade muffin National Blueberry Pie Day Cheese Pizza Pea Salad Blueberry Pie!
30 Oatmeal Breakfast Bars National Oatmeal Cookie Day General Tso's Chicken Rice & Broccoli	HELLO SPRING 		 All breakfasts include fruit juice and milk All lunches include fruit and milk	 Special Treats such as Cookies are included in the lunch meal. For students who bring a lunch, these treats are available to purchase a la carte .

UPCOMING EVENTS

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TITAN
SCHOOL SOLUTIONS

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STUDENT MEAL PRICING

Breakfast: \$1.75

Lunch: \$2.75